



**Douglas County Parks & Recreation Department**  
**Adult Basketball league**  
**Rules & Regulations**  
**“Open Division”**

**Objective:**

The objective of the Douglas County Parks & Recreation Department Adult Basketball Program shall be to promote and conduct a positive leisure time activity which encourages friendly competition, fitness and an atmosphere conducive to fun, fellowship and clean sportsmanship.

**League Format:**

1. The Douglas County Parks & Recreation Department Adult Basketball Program will use the National Federation of State High School Associations Rule Book with the exceptions to the following policies and procedures. Douglas County Parks & Recreation Department reserves the right to make rule modifications or any other changes during the course of the league whenever it does proper and/or necessary.
2. The league will be open to those 18 years of age or older
3. The number, variety and type of league shall be determined by the Douglas County Parks & Recreation Department
4. All ties for final league standings will be determined by head-to-head competition. If that doesn't break the tie, we will go to quality of opponents defeated (number of defeated opponents wins). If still tied, point differential in head to head play, if still tied point differential in overall play.
5. If a bye needs to be scheduled for the teams who are tied, it will be determined by a flip of the coin.

**Entry fee:**

1. The entry fee shall be determined prior to the season's start and shall depend upon such things as the number of games played, cost of officials and scorekeeper's, award and equipment necessary to operate the program. An administrative fee and youth subsidy fee will also be assessed.

2. These fees shall be payable to Douglas County Parks & Recreation Department by the assigned deadline. Failure to meet the deadline will result in the team not being scheduled in the league.

**Awards:**

1. Tournament Only:
  - a. 1<sup>st</sup> place team will receive a sponsor trophy & 10 Individual T-Shirts.
  - b. 2<sup>nd</sup> place team will receive a sponsor trophy

Note: League play will determine seeding for the end of the season tournament. There is no award for coming in 1<sup>st</sup> place in league play.

**Uniforms:**

1. Jerseys or T-Shirts are mandatory. All team members must wear the same color and style jersey with numbers clearly printed on the front and back
2. Teams must have jerseys or shirts by the first leagues game. If not by the first game, a verbal warning will be given. If a 2<sup>nd</sup> warning is given, 6 points will be awarded to the opposing team.

**Start time of Games:**

1. Scheduled game time is start time.
2. If neither team has an official team (4 players) ready to play by the start time, each team will be credited with a game played and a game lost and forfeited.

**Length of games & Rescheduling:**

1. All games shall consist of two (2) 20 minute running halves, with the clock stopping only during the last two (2) minutes. 5 Minute intermissions.
2. Team time-outs and official time outs shall be the only time the clock will stop prior to the final two (2) minutes. If team is up by 25 or more clock will continue to run.
3. Games ending in a tie will be decided by a three (3) minute overtime period. If a tie still exists, then a (2) minute overtime will be played. If there's a 3<sup>rd</sup> tie, a (1) minute overtime will be played. This procedure will continue until a winner is declared.
4. The clock will be a stop clock at the one (1) minute mark of each overtime period.
5. There will be no canceled games. All games will be played according to schedule. The Recreation Division is the only authority to postpone or cancel games due to weather or facility conflict.
6. Team managers are responsible for contacting team members regarding rescheduling or cancellation of games or any other league information deemed necessary by the Douglas County Parks & Recreation Dept.
7. Postponed games will be made up based on facility availability

**Time-Outs:**

1. Each team is allowed two (2) time-outs per half (non-cumulative). All time outs will be one (1) minute in length.
2. One (1) additional time-out per overtime period will be allowed in those games where overtime periods are necessary to determine a winner.

**Forfeits:**

1. Game time is forfeit time.
2. Teams failing to appear with four (4) players at game time shall forfeit the game.
3. Teams using ineligible players shall forfeit the game/games in which such players participated.
4. Teams forfeiting two (2) or more games in a season may be dropped from the league and forfeit all league entry fees.
5. Forfeits may be declared by the sports coordinator for any of the following reasons:
  - a. Failure to appear at the scheduled game time with at least for (4) eligible, suited players
  - b. Use of an ineligible player, if called to the attention of the sports coordinator any time during the season.
  - c. Unsportsmanlike conduct.
  - d. Forfeits will not be rescheduled.

**Eligibility of Players & Team:**

1. Douglas County Parks & Recreation Department shall have the final authority in determining a player's and/or a team's eligibility
2. A player may play on only one team in a local league.
3. No players may move internally or down a division after having played one game for a team.
4. Only players listed on the official roster will be considered eligible to play. Official rosters are kept at the Recreation Division.
5. All players must print their name and sign an official roster prior to play.
6. Rosters must be turned into the office before the second game, if not, a forfeit will be given. Team rosters cannot be given to the officials.
7. Managers have up to the 4<sup>th</sup> game to add to rosters.
8. Players must have played in at least 3 games of an 8 game schedule to be eligible for the tournament.

**Protest:**

1. Whenever a matter of protest arise during a game, the captain or manager of the protesting team shall immediately notify the opposing manager and the head official and have it recorded in the official score book. In order to be legal, a written "Intent to Protest" must be filed with the official before leaving the gym. This notice of intention is mandatory.
2. A formal written protest must be turned into the Recreation Division by 5:00 pm the next business day. A written formal protest must include the date, time, place of game, name of officials and scorekeeper, score of game and the time remaining in the game. It must include the official rule or local rule under which the protest is made, the conditions surrounding the decision and all the essential facts involved in the matter protested.
3. All protest must be accompanied by a \$50.00 protest fee. If the protest is declared valid, the fee will be returned and the game will be played over at the point of the protest. If the protest is declared invalid, the fee will be forfeited and the game will stand as played
4. Only protest regarding misinterpretation of rules and players eligibility shall be reviewed.
5. All protest shall be reviewed by the Douglas county Parks & Recreation Department's Sports Coordinator. His/her decision shall be final.

**Rules:**

Official national Federation High School Basketball Rules for the current season shall cover all situations except the following.

1. Any disrespect shown to an official will result in that player being ejected from the game. Repeated offenses will result in the player being suspended from the league indefinitely by the sports coordinator.
2. When a team receives a technical foul, the other team will receive automatically two (2) points and the ball out of bounds
3. Any player ejected from a game will immediately vacate the gym within five (5) minutes and not return. Failure to do so will cause the game to be declared a forfeit.
4. Any player who commits his 5<sup>th</sup> foul is automatically disqualified from that game. He may not under any circumstances remain in the game.
5. Bonus will be assessed upon receiving teams 7<sup>th</sup> team fouls in each half, double bonus @ 10.
6. Teams may start a game with four (4) registered players.
7. No dunking during warm-ups. Dunking is only allowed during the games.
8. We play the release on free throws.
9. Teams who participate in one game or more will automatically forfeit their right to reclaim any part of their fee if they drop from the league.
10. The running summary score shall be the official score any and all times throughout the game regardless of the score indicated on the scoreboard.
11. At no time during a game will a player discuss the score or time with the scorekeeper or timer. If the teams would like to discuss this, they must call a time-out.

## Gym Use:

1. No consumption of alcoholic beverage or controlled substance will be allowed.
2. Smoking will not be allowed in the building at any time.
3. There is to be no food or beverages on the gym floor at any time. (Except: water bottles with lids)
4. Children brought to the games must be supervised at all times by an adult.
5. Children must sit and watch. They are not allowed to
  - a. Play in the halls
  - b. Play in the gym
  - c. Play in the bathrooms
  - d. Play on the bleachers
  - e. Play on the courts
  - f. Play in the Rock climbing wall area
6. Officials , scorekeepers & timers will enforce the above by giving warnings
  - a. 1<sup>st</sup> warning – verbal
  - b. 2<sup>nd</sup> warning- Parent will sit with child for remainder of that game only
  - c. 3<sup>rd</sup> warning – parent will leave the gym with child.
  - d.

**Note:** Parents are financially responsible for all damages their child/children incur at the Recreation Center. The charges will be enforced by the Parks & Recreation Department.

## 7. Insurance:

Persons or players participating in activities sponsored by the Douglas County Parks and Recreation Department are not covered, in any way, for personal liability or property damage. This means that players are competing in this program at their own risk.

**It is the team manager's responsibility to make sure all players are aware of these rules.**

**Any violation of these rules could result in forfeiture or disqualification.**

**Douglas County Parks & Recreation reserves the right to make any rule modifications or changes during the course of a season(s) whenever it deems them proper and/or necessary to the overall success of the league (s) and it's participants.**

### **Adult Basketball Player's Code of Conduct.**

- 1.** When a player receives a technical foul during a game, that player must sit the remainder of that half. They may sit on the bench as long as they do not make comments towards officials, players, scorekeepers, etc. If that player cannot sit quietly on the bench they will be asked to leave the gym and facility.
- 2.** When a player receives his 2<sup>nd</sup> technical foul during the season, that participant must sit for the remainder of that game.
- 3.** Any player who receives a third technical foul will be suspended for a minimum of one game, and must meet with the conduct committee before being allowed to play again. Four (4) or more technical fouls in a season will be expelled from the remainder of that season with the possibility of further disciplinary action to follow. Technical fouls are carried over from game to game throughout the season, and are counted towards the accumulation of the three (4) technical foul rule.
- 4.** Disrespect to an official during a game will not be tolerated and will be handled with technical fouls given out or even more severe punishment.
- 5.** At the conclusion of any game, No player or spectator has the right to disrespect, harass, or verbal abuse an official, gym supervisor, player or Douglas County Employee. If this disrespect takes place, an ejection will be given, and the player must leave the facility and parking lot immediately, regardless of their technical foul count. Other disciplinary action will be handed down by the recreation staff, and there will be a minimum of a one (1) game suspension.
- 6.** Any participant involved in a physical confrontation with a player, spectator, official or Douglas County Employee will be indefinitely suspended from all Douglas County Sports activities.

# **Douglas County Parks & Recreation Department**

## **Player's Code of Conduct**

**If any person involved in a Douglas County Parks & Recreation Department sponsored sports program commits any of the following offenses they will be suspended indefinitely from league play until the Conduct Committee has reviewed the incident and a penalty relating to the violation has been applied. Any person who is ejected from a game will be suspended an automatic one game. A person (player, coach, and spectator) who is expelled from a program will not be allowed to attend any future programs until the Conduct Committee has reviewed the incident.**

1. No player shall at any time lay a hand upon, push, shove, strike or threaten another player, official or Douglas County Employee.
2. No player shall refuse to abide by an official's decision.
3. No coach, player, or spectator may make derogatory remarks, gestures or tone of voice to the official(s) or Douglas County staff.
4. No profane or obscene language shall be used.
5. No player shall use unnecessary rough tactics in the play of a game against the body of person of an opposing team.
6. No player shall make an abusive verbal attack upon an official, player, spectator or Douglas County employee.
7. No player shall physically attack another player, official, spectator or Douglas County Employee.
8. No player shall discuss any decision reached by an official, except the coach or captain.
9. No player shall discuss his/her personal opinion of any player, any play or decision by an official publicly with spectators in a derogatory manner.
10. No manager, player or spectator shall ever follow an official or Douglas County employee without his or her acknowledgement in an attempt to discuss an issue or incident.
11. No person shall threaten or commit bodily harm or damage to personal property of an official, player, spectator or Douglas County Employee.

